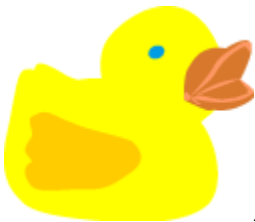


July, 2009

SUMMER IS HERE AT LAST

Hope everyone is enjoying the great heat of the summer, no complaining now; too soon it will be fall.



ANOTHER SUCCESS !!!

Another successful Father's Day Duck Race has been run at the Cranberry Arms Hotel. Our thanks go out to Wendi and Laurie at the Hotel for putting this event on for us and putting in many hours preparing for it.

More thanks goes to Special Olympics volunteers and athletes for their help. We had to fix the chute so Bob Jordan, Art Peck and Doug Taylor put their might to it. On the day of the races we had Art Peck, Rick Stanley, Jon Richard, Ron Greenhorn, Crystal and Mary Thompson and Doris Montgomery. In with the spectators was Jay, Val and Jim Brash and Janice Muckle with her dad. John Muckle and the Cedar Lions members were there to help once again, it is always great to have their support. Val Brash did an outstanding effort getting prizes for the event, a huge thank you.

A few of the prizes went to Ron Greenhorn and Rick Stanley, but one of the big prizes was won by Dave Forrester, THANK YOU for your support. Who could ask for a better day, sun, water, entertainment and prizes. Hope to see more out next year.

SPECIAL OLYMPICS- B.C. SUMMER GAMES

We have had our B.C. Special Olympics Summer Games in Abbotsford and many of the athletes have earned their rewards for all the training they have done.

Everyone had a great time and it was said to be one of the best games put on. The opening ceremony was spectacular, having dance teams promote Abbotsford, then the running in of the TORCH, so emotional!

The Athletes Village had a lot of fun things to do, especially the Karaoke. There was also a very informative Healthy Athlete area where the athletes were able to have free hearing tests, eye examinations and FREE glasses and sunglasses, feet examination, bone density test and nutritional questions and advise. SOBC and associates had brought in the most qualified technicians who gave their services for free.

SOCCER

Kevin Baldwin, Dennis Lynch and Christina Milner won gold in the Soccer 'B' division after going undefeated in the competition round with three wins and one tie. They had joined the Victoria team.



10 PIN BOWLING

Chris Crocker; Silver-singles; Bronze-team Christine Kroeger; Silver-singles Bronze-team; Rick Mears; Silver-doubles Bronze-team; Crystal Thompson Silver-singles Silver-doubles Bronze-team

The team won a total of nine medals and Crystal bowled extremely well. All of her games were above average going into the competition. Her high game was 199 in which she had 5 strikes in a row. As a result she received a six-pack of Pepsi from the bowling alley and a live performance of the Turkey Dance by the coach from Campbell River, Mark Taylor.

5 PIN BOWLING

Serena Brown was awarded Gold for high single scratch. Too bad we can't claim the victory for Nanaimo bowling team, for Serena was picked up by a team in Comox Valley, good news for them, good for you, Serena!

The athletes, Charla Joiner, Kaelin Britten, Mary Lappalainen and Ray Lappalainen did well at the track with each one of them bringing medals home.



AQUATICS

Erin Cote, Melinda Mills, Kristeen Cooper and Glen McCord are the swimmers attending the Games from Nanaimo. All the athletes placed in the top three in heats and finals. Collectively they won Gold, Silver and Bronze medals in the finals.

SOFTBALL



We had four athletes from Nanaimo go to the Games and played on two different teams. Jason Mills had qualified in Campbell River when he lived there and that team won a Silver medal in the C Division. Ron Greenhorn, Jason Kemp and Bill Poltz played for the Comox/Powell River team which won a Bronze medal in the A Division. The coach, Debbie Young is quoted as saying the athletes were 'awesome'.

RHYTHMIC GYMNASTICS

What a showing this year! Everyone had to learn 4 new routines for these Games and so everyone was on the same footing. They competed in their own division which gave everyone a chance to collect medals. Jay Brash, Joanna Steele and Mellisa Lohr certainly did this with a full array of colors hanging from their necks.

Some of the athletes attending the Summer Games for Special Olympics did not return home with medals around their neck but they are winners because they earned their place to attend. This is when the oath for Special Olympics has a true meaning;

LET ME WIN, BUT IF I CANNOT WIN, LET ME BE BRAVE IN THE ATTEMPT.

Nanaimo SO had a few athletes who had never been to Games and they were all troopers, giving their best. All the athletes had an exceptional experience at the Games with fun, friendships and sportsmanship. SOBC-Nanaimo is proud. The coaches, Angela Behn, Art Peck, Carla Henderson, Dave Forrester, Dawn Henderson, Debbie Young, Doris Montgomery, John Campbell and Sylvia Taylor said they had a good time with the athletes. Carla was the one who was the busiest keeping everyone medically in shape.

REGISTRATION CHANGES

Special Olympics-Nanaimo will have a CHANGE IN REGISTRATION this year. REGISTER HERE OR YOU WON'T BE ABLE TO ATTEND YOUR SPORT!!

WHERE WalMart area

WHEN Sept. 11th -13th Fri. pm., Sat. and Sun.

Watch for the next notice for times.

This registration will be in conjunction with the 'Cop Sit' at WalMart. This is a fundraiser for us and it would be GREAT to have ALL the athletes and volunteers mingle and see the entertainment.

The RCMP is booking local sport teams for fun action, (come try out with them), photos, celebrity appearance, bands, and much more, watch for more information.

FUND RAISER---JYSK

Thank-you to the athletes and volunteers who helped out at this event. We had an impressive display for the public and the athletes had a chance to talk about the Summer Games to them.

At the second date there, the athletes wandered around showing their medals, a great way to show Nanaimo how successful the Special Olympics athletes are.