



BC Special Olympics-Nanaimo Newsletter



September 2006

WELCOME BACK!

It has been a very busy summer for me and for a lot of coaches and athletes. We have had the 2006 CSO Summer Games in Brandon, Manitoba to keep us on the edge. Many medals were brought home by Ray, Kristeen and Leanne. Congratulations! Thank you coaches for the dedicated training you gave the athletes, it paid off! Now it is time to start a new season. We want you to spread the word about our great club so we can have more athletes and volunteers. Please give them my number - Sylvia Taylor 758-0630.

REGISTRATION

Please return the enclosed registration forms to Shirley Cottle in the envelope now. REGISTRATION IS BY MAIL ONLY.

FEES

ATHLETES: \$15 (this includes the Fall/Winter and Spring programs)

****If you register only in Spring it will still be \$15****

VOLUNTEERS: No Charge

ALL VOLUNTEERS AND COACHES **MUST** BE REGISTERED BEFORE ATTENDING ANY SPORT SESSION.

COACHES **WILL NOT** DO ANY REGISTRATIONS.

REGISTRATION IS BY MAIL ONLY.

SPORT FEES

5 PIN BOWLING \$2.00 PER SESSION

10 PIN BOWLING TBA

SWIMMING \$8.00 PER MONTH prepaid

SKI & SNOWSHOE TO MTN. Based on the cost of the trip to hill

FIGURE SKATING \$210 for winter season

COMPETITION FEES

We ask each athlete going to a competition to give the coaches \$5.00 to confirm you will go and \$5.00 deposit for the uniform. If the uniform is not returned within 2 weeks or is damaged you do not get the money back.

RESPITE: If an athlete is in respite please let the coach know, it could be a medical emergency. __

START UP DATES AND SPORT INFORMATION

Sport	Place	Day	Time	Start Date	Contact
5Pin Bowling	Brechin Lanes	Saturdays	2pm-3:30pm	Sept. 23 rd	Shirley Cottle 753-9895
Youth 5 Pin Bowling	Brechin Lanes	Saturdays	3:45pm-4:45pm	Sept. 23 rd	Jacky Sheng 390-0815
10 Pin Bowling	Evergreen Lanes	Mondays	3:30pm-5:00pm	TBA	Bill Crocker
Figure Skating	Cliff McNabb Arena	Tuesdays	3:30pm-4:45pm	Sept. 19 th	Angela Behn 753-2340
Floor Hockey	Quarterway	Tuesdays	5:30pm-7:00pm	Oct. 3 th	Jon Richard 716-3505
Curling	Nanaimo Curling Club	Thursdays	3:30pm-5:00pm	Oct. 5 th	Ron Kaneen 758-0173
Rhythmic Gymnastics	Dufferin Crescent	Wednesdays	6:00pm-7:00pm	Sept. 27 th	Sylvia Taylor 758-0630
Athletic Club	Dufferin Crescent	Wednesdays	7:00pm-8:30pm	Sept. 27 th	Sylvia Taylor 758-0630
Dryland Training	Dufferin Crescent	Mondays	6:30pm-7:30pm	Oct 16 th	John Campbell 753-7125
Swimming	Beban Pool	Sundays	11:00am-12:00pm	Oct. 15 th	Dawn Henderson 729-0472
Soccer	TBA	Tuesdays	TBA	TBA	John Campbell 753-7125
Track	NDSS Track	Mondays	TBA	TBA	Angela Behn 753-2340
Softball/T-ball	Dufferin Crescent	Wednesdays	TBA	TBA	TBA
Basketball	Dufferin Crescent	Wednesdays	7:00pm-8:30pm	Sept. 27 th	Sylvia Taylor 758-0630

More news to follow in the next newsletter!

Visit our website for up-to-date info - www.bconanaimo.ca